

# DON'T IGNORE

## The signs

Fever? Headache? Vomiting?

Sleepy?  
Confused?

Stiff neck?

Dislike bright lights?

Rash?

Pale, blotchy skin?

Cold hands  
& feet?

Limb pain?

## Meningitis

**Meningitis can kill in hours**

**It could happen to anyone**

**It could happen to you!**



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These are just some of the warning signs. If you are worried for yourself or someone else get medical help immediately. Contact  

For more information visit [www.meningitis.org](http://www.meningitis.org) or [www.meningitisnow.org](http://www.meningitisnow.org)